

Biography

Þórunn Guðmundsdóttir (she/her) is a 23-year-old Icelandic performing artist with a diverse background in dance and performance. Currently based in Copenhagen, Þórunn has recently graduated with a BA in Contemporary Dance from the Royal Conservatoire of Antwerp, where she developed her skills in various contemporary dance styles. She works in the interplay of dance and choreography and is currently entering the field of freelance work.

Her experience spans a range of roles, from site-specific solos to ensemble works. She has worked with esteemed choreographers such as Doris Uhlich, Chen Wei-Lee, and Alma Söderberg. Her recent work includes participation in the 2024 restaging of *HABITAT* at the Metropolis Festival in Copenhagen and *Forest Stages* by Institute of Interconnected Realities.

Thorunn's artistic journey has been diverse and dynamic, spanning from her early roles in Icelandic theater productions to international performances at festivals such as the Teater Aan Zee festival in Ostende (BE) and the Fringe Festival in Edinburgh (UK). Her versatility as a performer is further highlighted by her proficiency in multiple languages, including English, Icelandic, Italian and Danish.

Her work focuses on the physical body, the vocal cords and what the two can achieve together. The visual aspect is of big importance and has a big role in her thought process. Her artistic practice is deeply influenced by her love for staging and cinematography, elements she believes are crucial in shaping the audience's experience and controlling their absorption of the performance. Nature is as well an ever-present force in Þórunn's work, whether as a central theme or subtly woven into the fabric of her performances through various media, including costume, lighting, and scenography. In her recent work *Gazed*, Þórunn explored where the boundaries between performer and audience blur, allowing for a shared experience that is both intimate and emotionally stirring.